

## PSHE Curriculum Progression of Skills and Knowledge:



**LODGE FARM PRIMARY SCHOOL**

Learning in Mind, Community at Heart

### PSHE Intent:

In personal, social, health and emotional education we strive to prepare our pupils for the challenges they face emotionally, socially and physically in their everyday lives and in the future. We aim to provide structured opportunities throughout their school journey for our pupils to develop a good understanding of the world around them and to learn how to cooperate and respect others. We value the diverse society in which we live and promote an appreciation and understanding of this in our pupils. Our curriculum fosters independence of thought and respect for the views of others, which may be different to their own. When children leave Lodge Farm they are well prepared for the next stage of their education, with the skills they need to operate as responsible, caring citizen who values the world they live in.

	Autumn: Relationships			Spring: Living in the wider world			Summer: Health and Wellbeing		
Topics:	Families and friendships	Safe relationships	Respecting ourselves and others	Belonging to a community	Media literacy and digital resilience	Money and work	Physical health and Mental wellbeing	Growing and changing	Keeping safe
EYFS	Show sensitivity to their own and to others' needs. (ELG)	Form positive attachments to adults and friendships with peers. (ELG)	Work and play cooperatively and take turns with others. (ELG)	Show an understanding of their own feelings and those of others, and begin to regulate their behaviour accordingly  (ELG)	Set and work towards simple goals, being able to wait for what they want and control their immediate impulses when appropriate;  (ELG)	Give focused attention and responding appropriately even when engaged in activity  show an ability to follow instructions involving several ideas or actions. (ELG)	Be confident to try new activities and show independence, resilience and perseverance in the face of challenge  (ELG)	Manage their own basic hygiene and personal needs, including dressing, going to the toilet and understanding the importance of healthy food choices.  (ELG)	Explain the reasons for rules, know right from wrong and try to behave accordingly  (ELG)

<b>Year 1</b>	Roles of different people; families; feeling cared for	Recognising privacy; staying safe; seeking permission	How behaviour affects others; being polite and respectful	What rules are; caring for others' needs; looking after the environment	Using the internet and digital devices; communicating online	Strengths and interests; jobs in the community	Keeping healthy; food and exercise, hygiene routines; sun safety	Recognising what makes them unique and special; feelings; managing when things go wrong	How rules and age restrictions help us; keeping safe online
<b>Year 2</b>	Making friends; feeling lonely and getting help	Managing secrets; resisting pressure and getting help; recognising hurtful behaviour	Recognising things in common and differences; playing and working cooperatively; sharing opinions	Belonging to a group; roles and responsibilities; being the same and different in the community	The internet in everyday life; online content and information	What money is; needs and wants; looking after money	Why sleep is important; medicines and keeping healthy; keeping teeth healthy; managing feelings and asking for help	Growing older; naming body parts; moving class or year	Safety in different environments; risk and safety at home; emergencies
<b>Year 3</b>	What makes a family; features of family life	Personal boundaries; safely responding to others; the impact of hurtful behaviour	Recognising respectful behaviour; the importance of self-respect; courtesy and being polite	The value of rules and laws; rights, freedoms and responsibilities	How the internet is used; assessing information online	Different jobs and skills; job stereotypes; setting personal goals	Health choices and habits; what affects feelings; expressing feelings	Personal strengths and achievements; managing and reframing setbacks	Risks and hazards; safety in the local environment and unfamiliar places
<b>Year 4</b>	Positive friendships, including online	Responding to hurtful behaviour; managing confidentiality; recognising risks online	Respecting differences and similarities; discussing difference sensitively	What makes a community; shared responsibilities	How data is shared and used	Making decisions about money; using and keeping money safe	Maintaining a balanced lifestyle; oral hygiene and dental care	Physical and emotional changes in puberty; external genitalia; personal hygiene routines; support with puberty	Medicines and household products; drugs common to everyday life
<b>Year 5</b>	Managing friendships and peer influence	Physical contact and feeling safe	Responding respectfully to a wide range of people; recognising prejudice and discrimination	Protecting the environment; compassion towards others	How information online is targeted; different media types, their role and impact	Identifying job interests and aspirations; what influences career choices; workplace stereotypes	Healthy sleep habits; sun safety; medicines, vaccinations, immunisations and allergies	Personal identity; recognising individuality and different qualities; mental wellbeing	Keeping safe in different situations, including responding in emergencies, first

									aid and FGM
<b>Year 6</b>	Attraction to others; romantic relationships; civil partnership and marriage	Recognising and managing pressure; consent in different situations	Expressing opinions and respecting other points of view, including discussing topical issues	Valuing diversity; challenging discrimination and stereotypes	Evaluating media sources; sharing things online	Influences and attitudes to money; money and financial risks	What affects mental health and ways to take care of it; managing change, loss and bereavement; managing time online	Human reproduction and birth; increasing independence; managing transition	Keeping personal information safe; regulations and choices; drug use and the law; drug use and the media